

**Class Name: Master's Studio with Miles**

**Instructor: Miles Laventhall**

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Materials needed for the class:

**Oils Essentials:** “Williamsburg” and “Old-Holland Classic Oil colours” are at the top...“Winsor & Newton”, (not “Winton”), and “Rembrandt” are good paints: Cadmium Red Med, Cadmium Orange, Quinacridone Rose or Rose Madder Deep, Transparent Yellow, Cadmium Yellow Medium, Winsor Blue (Phthalo Blue), Ultramarine Blue, Winsor Green (Phthalo Green), Yellow Ochre, Raw Umber, Burnt Umber, Burnt Sienna, Black, Paynes Gray, Titanium White, this is a good selection to start with (add any colors you like), pencil, small note/sketchbook, white eraser, palette knives, paper plates or palette paper with a glossy surface or “Reynold’s” freezer paper, 2 canvases 16” x 20” or larger to begin or larger if you wish, paper towels, 2-3 small covered containers for mediums and cleaning brushes.

**NO** Winsor & Newton or other petroleum based mediums (all contain VOCs)!

**NO** “oderless” solvent brush cleaners like regular Turpenoid or Oderless Mineral Spirits! They may be oderless but they are toxic! Finally...we are a solvent free class! Here are three solvent-free alternatives, proven to be excellent oil paint mediums:

Webber Liquiglaze Natural non toxic - excellent replacement for “Liquin” by Winson Newton

Gamblin Solvent-Free Gel

Gamblin Solvent-Free Fluid

Plain Safflower Oil or Sunflower Oil from the grocery store are good brush cleaners...always followed by warm water and Ivory or Dawn Dishwashing Liquid.

**Acrylics Essentials:** Heavy Body and/or Fluid Acrylics by “Golden” are excellent - Hansa or Cadmium Yellow Medium, Naphthol Red Light, Cadmium Orange, Phthalo Blue GS, Ultramarine Blue, Phthalo Green BS, Chromium Green Oxide, Quinacridone Magenta, Paynes Gray, Carbon Black, Yellow Ochre, Burnt Umber, Burnt Sienna, Raw Umber, Titanium White, (add any colors as you wish), Acrylic Glazing Medium **Gloss**, palette knives, paper plates or palette paper with a glossy surface or “Reynold’s” freezer paper, 2 canvases 16” x 20” or larger to begin with, or larger if you wish, paper towels, plastic containers for cleaning brushes, mixing gels, spray bottle, note/sketchbook, pencil, white eraser.

**Brushes for Acrylics & Oils:** There are so many brush companies with different sizes for each...it is easier to recommend as follows: “Filbert” brush 1/2" - 1" wide, “Round” brushes: 1/8" - 1" wide, “Flat” brush 1/2" - 1" wide. Robert Simmons “Titanium” series, and “Isabey Isacryl” are excellent brushes that work for acrylics AND oils brushes...1/8" - 1/2" wide pointed

“round” brushes,” for details, 1" wide (or larger) brush for large canvases, as needed. **Avoid bargain brush kits**...will often not produce good results.

**Watercolors Essentials:** “Winsor & Newton” - Cadmium Yellow Light, Yellow Ochre, Cadmium Red Medium, Rose Matter Genuine, Winsor Blue, Ultramarine Blue, Burnt Umber, Burnt Sienna, Winsor Green, Ivory Black, Chinese White, any additional colors you like, Watercolor Masking liquid, Plastic Watercolor palette, 2 or more sheets of watercolor paper 18” x 24” or larger if you wish (140lb. - 300lb. “Arches” is excellent), support board large enough to tape your work to, pencil, note/sketchbook, white eraser, paper towels, small bucket, plastic containers for making washes and cleaning brushes, Watercolor brushes; 1” wide soft "Flat" brush or larger for washes, "Filberts" 1/4 “ & 1/2” wide, 1/8" - 1/2" synthetic pointed "Rounds" for details.

**Pastels:** 2 or more sheets of sanded pastel paper 18” x 24” white, gray, and other colors, Painter's masking tape, support board large enough to tape your work to, "Conte" pastel pencils, “Rembrandt” is ok, "Sennelier" and "Schmincke" are better, “Unison” and “Terry Ludwig” are excellent pastels, white eraser, blending stump, soft cotton cloth, 1/4-1/2 inch bristle flat brush to wipe out with, small note/sketchbook, utility knife and fine sandpaper for sharpening. Pastel artists must use a wet cloth under their workboard to collect falling dust.

**Important:** Please bring a plastic cover for the top of your table AND newspaper to cover the easel bar! Realists, please work from 8" x 10" (or larger) prints or an imaging device like an iPad.